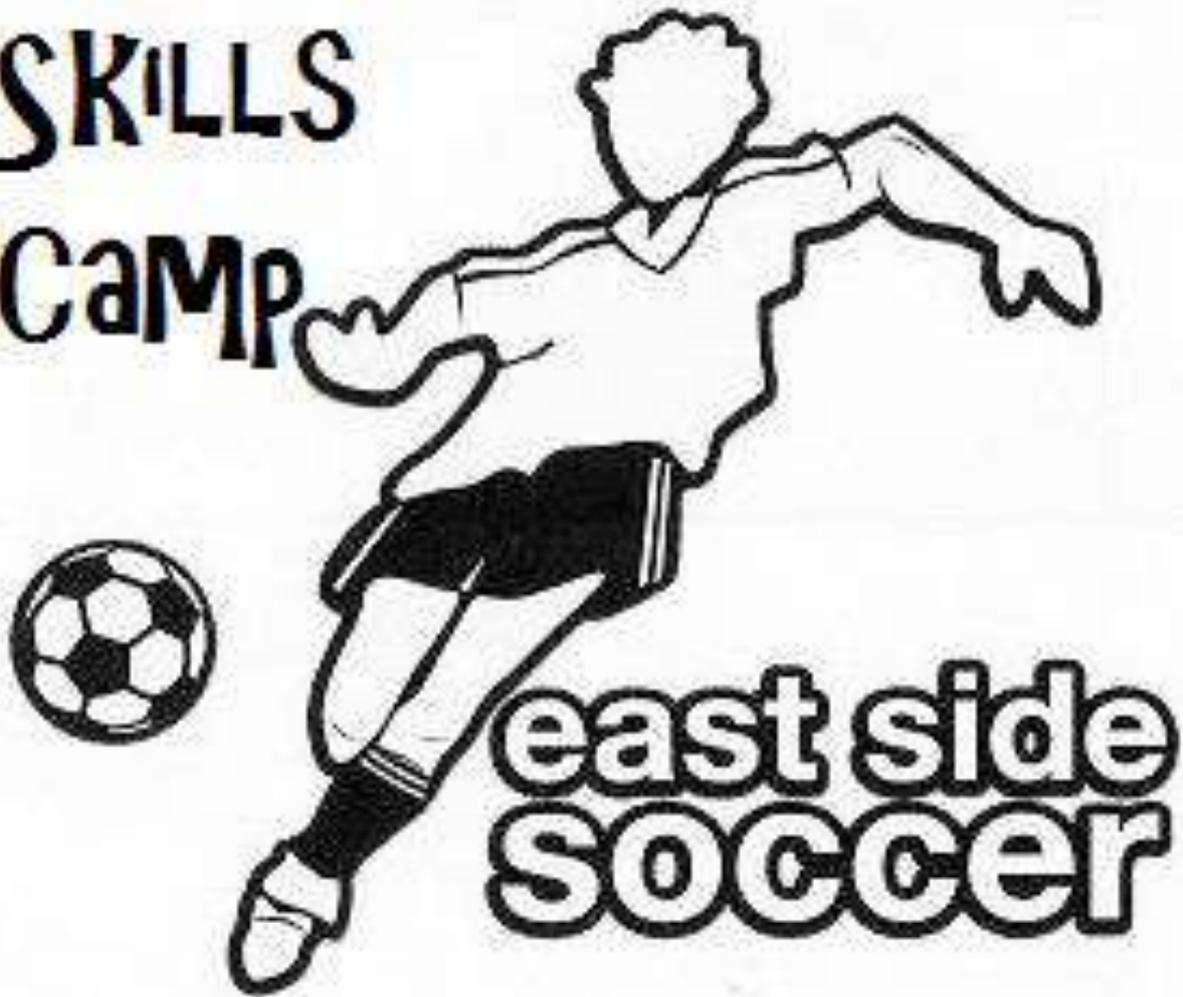


**SKILLS
CAMP**



June 29th - July 2nd at Barry Park

4 day-Skills Camp

4-14 years old (Pre K-8th grade)

Welcome to the 2015 East Side Soccer Skills Camp

East Side Soccer camps follow the club's philosophy of a player centered approach and developing players love for the game of soccer. Campers will be encouraged to develop their technical and tactical ability in a fun and energetic environment. There will be a focus on ball mastery and skill development using a variety of different sessions, challenges and small sided games.

The camp will be led by the East Side Soccer, Director of Coaching Paul Allsopp, who has coached with English Premier League side AFC Bournemouth and Major league soccer team New York Red Bulls.

Camp Details

- 4 day camp from June 29th – July 2nd.
- Camp is open to 4-14 year olds (Pre K-8th grade this current school year)

Full day camp from 9am to 4pm = **\$135**

Half day camp from 9am to 12pm = **\$85**

K Camp from 10.30am to 12.00pm = **\$55**

Pre K camp from 9am to 10.15pm = **\$55**

For families signing up multiple players for the camp, please contact director_coaching@eastsidesoccer.org to find out about multi player discounts.

Camp Benefits

- Expert coaching
- Learn new skills
- East Side Soccer Camp T-shirt
- Fun and challenging activities
- Improve game understanding
- Play lots of soccer

Players need to bring the following.

Soccer ball, soccer attire (including cleats & shin guards), lunch (if doing full day) and snacks, water bottle and sun screen.

A typical camp day will look as follows.

9.00 - Welcome/registration

9.15-10.40 – Technical practice session.

10.40-11.00 – Snack break and fun activities.

11.00-12.00 – Small sided conditioned games.

12.00-1.00 – Lunch break - Half day campers are picked up.

1.00-1.45 – Daily skills challenge.

1.45 -2.40- Tournament

2.40- 3.00 - Snack break and fun activities.

3.00- 4.00- Tournament continued

4.00 – Camp ends. Player pick up.

Application Form - Please return with check by June 20th.

East Side Soccer, 118 Julian Plaza PMB 124, Syracuse, New York 13210

Name: _____

Date of Birth: _____

Current School Grade (2014/2015): _____

Gender (please circle): Male Female

Type of camp (please circle):

Full day camp (\$135) Half day camp (\$85)

Pre K camp (\$55) Kindergarten camp (\$55)

Please enclose a check, made payable to East Side Soccer for the full amount of either \$135, \$85 or \$55.

Camp T-shirt size (please circle): YXS YS YM YL AS AM AL

Address: _____

Parent/guardian name: _____

Phone Number: _____

Email address: _____

Emergency Contact name: _____

Emergency Phone number: _____

Any health concerns or allergies that we need to be made aware of? _____

I hereby verify that my child has had a physical exam within the past year, is in good health and may participate in all camp activities. In addition I hereby give permission to the physician/and or hospital selected by the answering ambulance in compliance with Onondaga County Health Regulations to hospitalize, secure proper treatment for, and to order injection, anesthesia, or surgery for my child as named above. I agree not to hold East Side Soccer or the coaching staff liable for any injuries and also that East Side Soccer and coaching staff will not be liable for any legal claims arising out of unforeseeable conditions, motor vehicle accidents or negligence of any third party. I am aware that participants will join the activities at their own risk. There is no accident insurance carried by East Side Soccer for program participants

Name: _____

Signature: _____

Date: _____